

Dear Parents and Faculty:

I am happy to announce J&M Catering (formerly Fusion) will be catering our lunch program beginning September 2010, and our Gesher Program this summer.

J&M has extensive catering experience and has recently provided food service at JCC MetroWest, IDT, and others. Currently they have begun to service schools and camps including the Solomon Shechter in West Orange.

All meals will be provided on site under the supervision of the MetroWest Vaad.

Below are links to download a sample menu cycle and order form. J&M is offering various plans including full year participation, half year participation, specific day participation, and for middle and high school, the option of purchasing daily meals through the [myschoolaccount.com](http://myschoolaccount.com) website or cash.

Later this summer, we will send information for those purchasing daily meals. At this time we are collecting only pre-purchased meal program requests. Please complete the form, select your plan options, and return the forms with your check to the attention of Chaya Felzenberg.

If you have any additional questions please contact the caterer directly at [M@jandmcaterers.com](mailto:M@jandmcaterers.com) or (973) 477-7956.

Have a Great Summer

Michael Grad  
Executive Director

<b><u>CYCLE 1</u></b>	<b><u>CYCLE 2</u></b>	<b><u>CYCLE 3</u></b>
<b>Monday</b> Baked Ziti with Ricotta and Mozzarella	<b>Monday</b> Veggie tacos with guacamole, salsa, shredded cheese, lettuce, tomatoes	<b>Monday</b> Vegetarian Chili with rice Vegetarian Sloppy Joe on a bun
<b>Tuesday</b> Spaghetti with meatballs	<b>Tuesday</b> Penne Pasta bolognese with ground beef and veggies	<b>Tuesday</b> Chicken and vegetable Stir Fry Vegetable Lo Mein
<b>Wednesday</b> Pizza Bagels	<b>Wednesday</b> French Bread Pizza	<b>Wednesday</b> Pizza /sushi (california and cucumber rolls).
<b>Thursday</b> Herb roasted chicken Mashed potatoes	<b>Thursday</b> Burgers with the fixins Roasted potato	<b>Thursday</b> Turkey Schwarma - fresh Pita Rice
<b>Friday</b> Pancakes hard boiled eggs / yogurt parfaits	<b>Friday</b> Egg and Cheese Sandwiches cheddar cheese / yogurt parfaits	<b>Friday</b> French Toast hard boiled eggs / yogurt parfaits

**Daily Selections**

**Homemade Fresh Soup from the following rotation (every day but Friday)**

Broccoli, Mushroom Broccoli, Corn Chowder, Lentil, Moroccan Lentil, Potato Leek, Baked Potato, Tomato, Vegetable with noodles, Italian Roasted vegetable, Minestone, cream of mushroom, green Split Pea, Yellow split pea, Butternut Squash

**Fruit to be selected from seasonally available varieties to include:**

Bananas, Watermelon, Pineapple, peaches, Apples, Oranges, Applesauce Grapes, Canteloupe, Honeydew

**Sandwiches**

Soy nut butter and jelly  
tuna sandwich

**Salad Bar**

iceberg mix and Caesar salad daily

**5 toppings each day to be rotated from the following**

*Tomatoes	baby corn	Bulgar wheat salad
*Cucumbers	green peas	Quinoa
*Carrots	juilienne pepers	Kidney beans
Mandarin oranges	pickles	Raisins
Edimome	Israeli Salad	corn
	raisins	<b>*every day toppings</b>

**Dressings**

French - Lite  
Italian - Lite  
Ranch (on dairy days)

**Pasta**

plain penne pasta  
homemade marinara sauce  
parmesan cheese (dairy days)

**J and M Caterers Lunch Order Form**  
**Kushner Academy 2010-2011**  
www.jandmcaterers.com  
973-477-7956 / m@jandmcaterers.com

**FORMS /PAYMENT TO BE SUBMITTED TO KUSHNER OFFICE**

Name of Student (1) / grade / meal plan \_\_\_\_\_

Name of Student (2) . Grade / meal plan \_\_\_\_\_

Name of Student (3) / grade / meal plan \_\_\_\_\_

Parents name \_\_\_\_\_

parents phone \_\_\_\_\_

parents email \_\_\_\_\_

*\*Half year is Sept thru January*

*February thru June will be available for purchase in January*

**EARLY BIRD PRICES MUST BE PAID BY 7/15/10**

		2nd thru 12th	pre k thru 1st grade
A	Full year every day	680.00	510.00
B	Half Year every day*	365.00	275.00
C	Full year Monday	136.00	102.00
D	Half Year Monday	75.00	56.00
E	Full year Tuesday	136.00	102.00
F	Half year Tuesday	75.00	56.00
G	Full year Wednesday	136.00	102.00
H	Half Year Wednesday	75.00	56.00
I	Full year Thursday	136.00	102.00
J	Half Year Thursday	75.00	56.00
K	Full Year Friday	136.00	102.00
L	Half Year Friday	75.00	56.00

**REGULAR RATE (IF PURCHASED AFTER 7/15/10)**

		2nd thru 12th	pre k thru 1st grade
A	Full year every day	730.00	545.00
B	Half Year every day*	392.00	295.00
C	Full year Monday	146.00	110.00
D	Half Year Monday	80.00	60.00
E	Full year Tuesday	146.00	110.00
F	Half year Tuesday	80.00	60.00
G	Full year Wednesday	146.00	110.00
H	Half Year Wednesday	80.00	60.00
I	Full year Thursday	146.00	110.00
J	Half Year Thursday	80.00	60.00
K	Full Year Friday	146.00	110.00
L	Half Year Friday	80.00	60.00

Enclosed please find a check in the amount of \_\_\_\_\_  
(made payable to J and M caterers)

For the second session, an on line payment option will be available by December

A la carte lunch option will be available for purchase at a price of \$5.00 / day  
(cash or prepayment to on line account - will be set up by September 2, 2010)